



Summer Packet



Summer Exploration (What's Included!)

- Introduction to the Unit of Investigation
- Materials Needed for Activities
- Vocabulary Words
- Songs to Sing
- Books to Read
- Expanded Play & Experiential Learning
- 12 Activities (Including Materials Needed, Directions to Follow, and Targeted Learning Objectives)



Introduction: Summer Fun in the Sun

Summer provides children with an invaluable opportunity to engage in unstructured play and exploration, fostering their creativity and imagination in ways that structured environments may not always allow. Children can immerse themselves in activities like building sandcastles at the beach, going on nature scavenger hunts, or simply playing freely in the outdoors. These experiences encourage them to take risks, problem-solve independently, and discover their own interests and strengths.

Summer also allows children to pursue their interests autonomously, whether through self-directed play or participating in community events with friends and family. This freedom encourages self-expression and builds confidence as they navigate new experiences independently. Whether it's learning to swim, discovering the wonders of nature, or engaging in our packet's open-ended activities, these summer moments shape their identities and provide valuable opportunities for personal growth. Ultimately, summer is a season of discovery and joy, offering children the space and time to explore, learn, and thrive in their own unique ways.

When administering activities, it's important to re-offer the same activities several times over. This allows children the opportunity to make deep connections, comprehend uses and properties, while contributing to mastery and memory recall. And keep in mind that learning is not confined to a specific time, place, or activity. It's an ongoing journey where connections are woven through daily interactions and engagement with the people, places, and materials that surround us.





Materials

Our suggested list of materials are items that will supplement the activities and experiences in your packet.

- 1 portable acrylic mirror
- Pack of white paper and butcher paper
- Tempura paint with paintbrushes
- Writing/Coloring utensils (pencils, crayons, markers, etc.)
- Popsicle molds & sticks
- Fresh watermelon (for edible popsicles)
- Aquatic animal toys and ocean themed materials
- Natural materials: Sand, seashells, rocks, leaves, sea glass, twigs, sticks, etc.
- Blue materials and loose parts
- Tent (for camping)
- Books and images of aquatic animals and insects

Vocabulary Words

New & relative vocabulary words to incorporate in everyday experiences: In addition to incorporating the vocabulary words provided below, try to speak as you go! Talking to children as you go is one of the most powerful ways to expand upon receptive and expressive language development. The more language children are exposed to (when used in meaningful and relative context) the greater it contributes to language and future literacy skills.

- Sunshine
- Beach
- Ocean
- Sandcastle
- Waves
- Seashell
- Swimsuit
- Humidity
- Hydration
- Ecosystem
- Watermelon
- Refreshment
- Scenic
- Tranquil
- Lifeguard
- Sunscreen
- Temperature
- Vacation
- Destination
- Umbrella
- Cooler
- Flip-flops
- Surfboard
- Snorkel
- Sunhat
- Paddle
- Camping
- Fireworks
- Tent
- Hiking
- Fishing
- Playground
- Butterfly
- Biodiversity
- Scenic
- Expedition
- Scorching
- Exploration
- Canoe
- Frisbee



Songs to Sing

Singing with children is a multifaceted tool for development, enhancing language skills through exposure to varied vocabulary and rhythms. The rhythmic and melodic nature aids memory, making learning engaging. Beyond cognitive benefits, singing promotes emotional expression, fostering a holistic growth experience.

We Love Summer Days

(Tune: "Mary Had a Little Lamb")

We love sunny summer days,
Summer days, summer days.
We love sunny summer days,
Playing in the sun.

We love playing in the sand,
In the sand, in the sand.
We love playing in the sand,
Summer's just begun.

We love splashing in the pool,
In the pool, in the pool.
We love splashing in the pool,
Keeps us nice and cool.

Summer Sunshine

(Tune: Twinkle, Twinkle, Little Star)

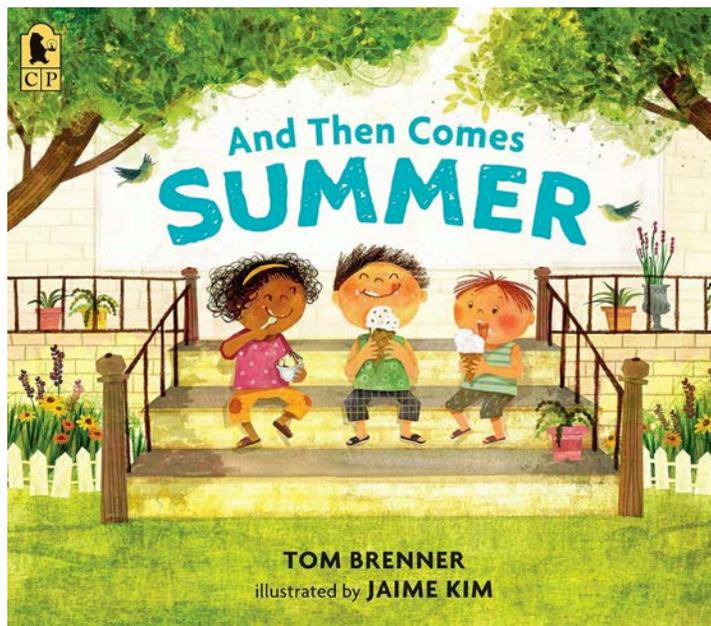
Summer, summer, sunshine bright,
Making everything feel just right.
Playing in the warm, warm sun,
Splashing water, having fun.
Summer, summer, sunshine bright,
Making everything feel just right.

Disclaimer: We Skoolhouse does not own the lyrics to any of the songs provided.

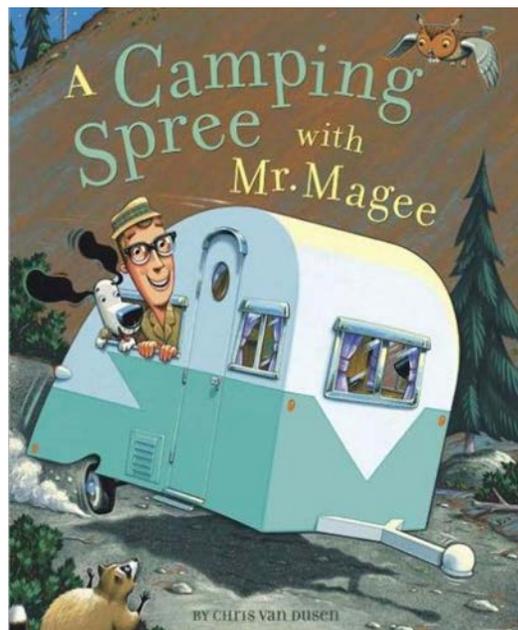


Books to Read

We select two books to support your unit of investigation - it's important to go slow and re-read the same books several times for greater comprehension and connection building. You can read the recommended book before they begin the hands-on work. We understand all children have different preferences and interests when it comes to books (and everything else), so please find our supplemental reads that can replace or add to the suggested books below:

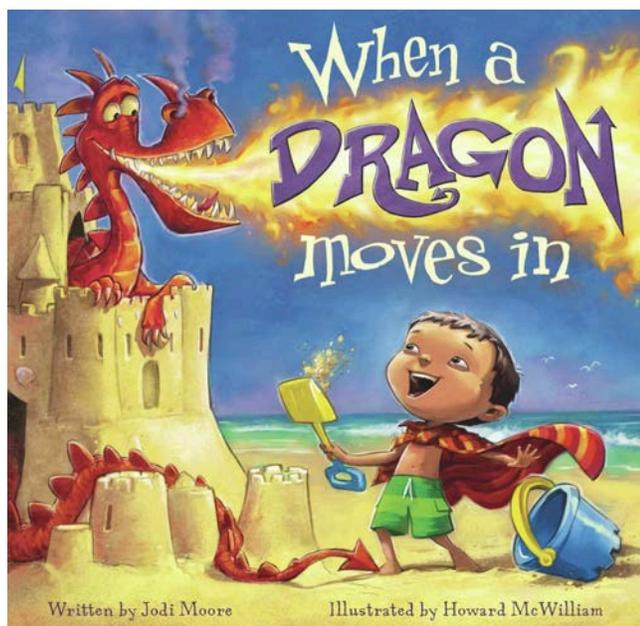


And Then Comes Summer, by Tom Brenner

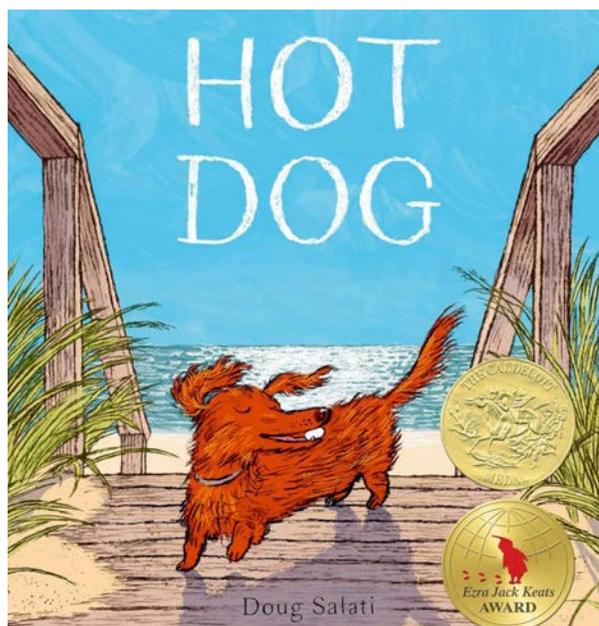


A Camping Spree With Mr. Magee, by Chris Van Dusen

Supplemental Reads:



When a Dragon Moves In, by Jodi Moore



Hot Dog, by Doug Salati

Expanded Play & Experiential Learning

Learning concepts are best adopted when children can make everyday and tangible connections. Support your child's emergent knowledge and experiences by incorporating the topic in different areas of play and exploration.

- **Summer Themed Sensory Bins**

- Experiment with different themed bins/tables based on your child's interest. Consider themes such as:
 - Ocean Life
 - Beach
 - Bugs & Insects
 - Ice Cream Shop



- **Exploring New Environments:**

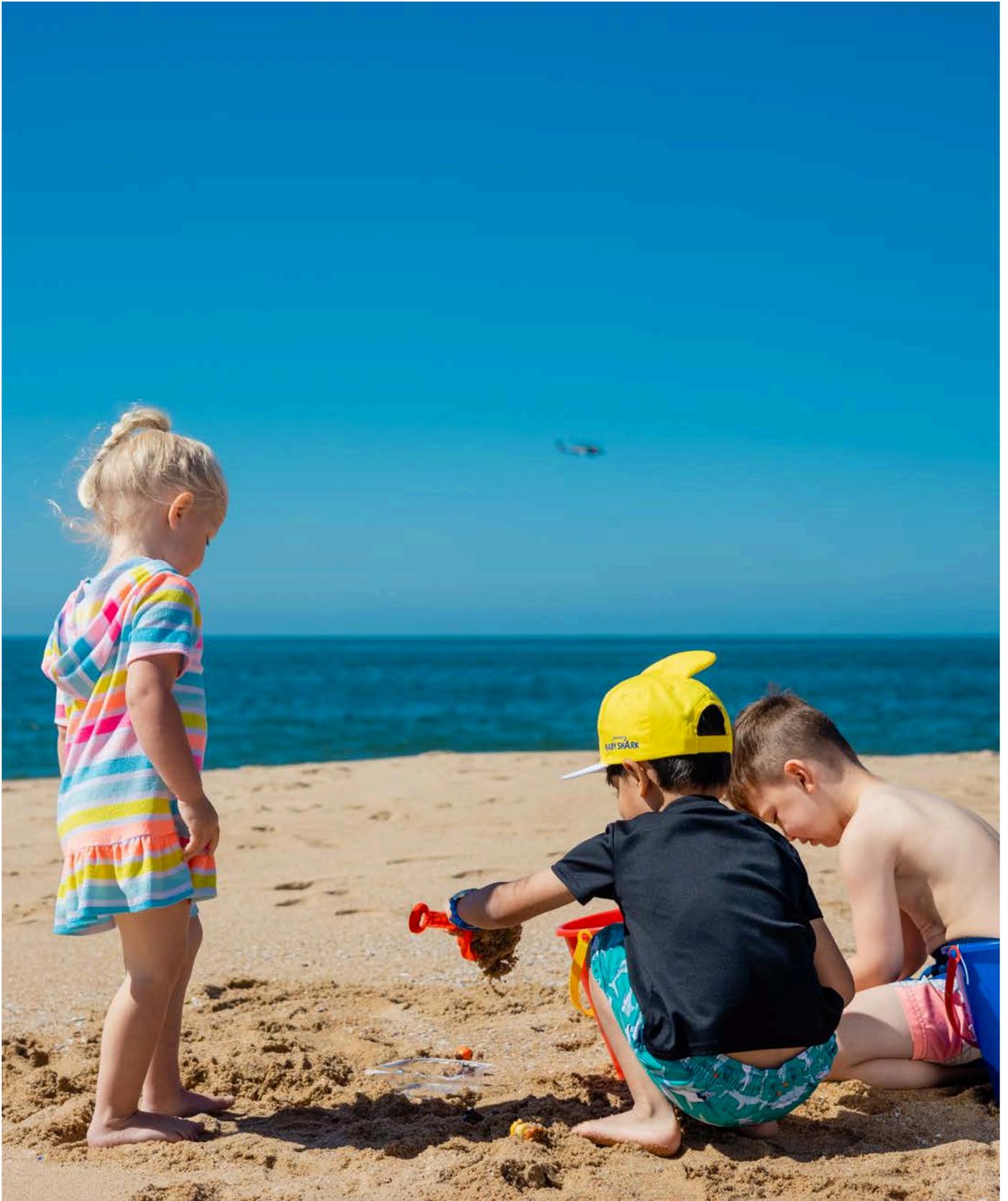
- Take trips to new environments to explore different landscapes and natural materials. Consider:
 - Beaches
 - Parks (Enjoy a picnic!)
 - Botanical Gardens
 - Marinas
 - Farms
 - Orchards
 - Community Pool

- **Senses of Summer**

- Cooking Together: Picking and making simple, kid-friendly recipes with seasonal fruit (fruit salads or popsicles).
- Scavenger Hunts: Creating themed hunts (e.g., colors, shapes, nature items) for exploration & discovery.
- Bug Observations: Catching and releasing insects while learning about them/sketching them.



ACTIVITIES





Outdoor Painting on Mirrors

MATERIALS

- Large acrylic mirror
- Non-toxic, washable paints
- Paintbrush
- Shallow trays or containers for paint

DIRECTIONS

- Place the acrylic mirror on a flat, stable surface outside, such as on the ground or a low table. Ensure the area is safe and free from hazards. If desired, place a ground covering or tarp underneath the mirror to catch any spills.
 - You can also place the mirror vertically on a sturdy easel.
- Pour small amounts of non-toxic, washable paint into shallow trays or containers.
- Let the children experiment with mixing colors and making marks on the mirror.

LEARNING OBJECTIVES

- **Sensory Exploration:** Engaging with different textures and colors stimulates children's sensory development. The smooth, cool surface of the acrylic mirror contrasts with the squishy, wet feel of the paint, offering a rich sensory experience. This kind of exploration helps children develop their sense of touch and understand the properties of different materials.
- **Self-Awareness and Reflection:** Painting on a mirror offers a unique opportunity for self-awareness. Children can see their reflections as they work, observing their own movements and expressions. This interaction with their reflection helps them develop a sense of self, recognizing their own presence and actions in the environment.
- **Cause and Effect:** As children paint on the mirror, they learn about cause and effect. They observe how their actions—pressing a brush against the mirror or patting their hands—produce different outcomes. This understanding is foundational for scientific thinking and problem-solving, as children begin to predict the results of their actions and experiment with different techniques.
- **Outdoor Learning:** Conducting the painting activity outside connects children with nature and provides a stimulating environment for learning and play. The natural light enhances the reflective properties of the mirror, and the open space allows for more freedom of movement. Being outdoors also introduces children to the sensory experiences of nature, such as the feeling of the breeze, the sounds of birds, and the smell of fresh air.



“At The Beach” Sensory Table

MATERIALS

- White sand
- Blue materials to represent the ocean, e.g. blue sand, cellophane sheets, Magna-Tiles, or similar blue translucent building blocks.
 - You can also have **sand and water** in a bin for a more realistic provocation.
- Seashells
- Aquatic animal toys (e.g., fish, crabs, starfish)
- Small buckets and shovels
- A large sensory table or shallow container
- Shovels, spoons, buckets, cups, etc. (optional)
- Torn tissue, or white tissue paper to make the “foam” (optional)

DIRECTIONS

- Fill the sensory table or shallow container with the materials, dividing the “sand” from “water.”
- Optional: Position small buckets and shovels around the table for children to use.
- Allow children to explore the sensory table freely, using the tools and materials provided.

LEARNING OBJECTIVES

- **Foundational Associations:** Children will make connections and differentiation between the sand and water-related elements, recognizing features of the environment & aquatic animals, thereby enhancing their associative learning.
- **Imaginative Play:** The open-ended nature of the materials will encourage children to use their imagination, creating stories and scenarios, which is crucial for cognitive and emotional development.
- **Environmental Awareness:** Introducing aquatic animal toys and seashells can spark discussions about marine life and environmental conservation, fostering an early appreciation for nature.
- **Emotional Regulation:** The sensory experience can have a calming effect, helping children regulate their emotions and reduce stress through tactile play.
- **Cognitive Development:** Children will use problem-solving skills and creativity as they experiment with the varying materials, while creating scenarios with the aquatic animal toys.



Summertime Loose Parts Art

MATERIALS

- Natural materials: leaves, sticks, rocks, flower petals, seashells, pine cones, bark, etc.
- Books and/or images of bugs and insects for reference
- A large flat surface for arranging materials (e.g., table, tray, ground, clipboard and paper)
- Magnifying glasses (optional)
- Paper and crayons (optional, for sketching)
- Tray to organize natural materials

DIRECTIONS

- Go on a nature walk with the children to collect various natural materials such as leaves, sticks, rocks, etc.
- Set up a small display of books and images depicting various bugs and insects. Discuss the different parts of insects (e.g., wings, legs, antennae).
- Provide a large flat surface for children to work.
- Welcome children to use the natural materials to create their own bugs and insects, referring to the books and images for inspiration. They can arrange the materials to form the shapes of different insects.

LEARNING OBJECTIVES

- **Creativity and Imagination:** Children will use their creativity and imagination to design and create unique bugs and insects, fostering original thinking and artistic expression.
- **Fine Motor Skills:** Manipulating small natural materials to form insect shapes will enhance children's fine motor control and hand-eye coordination.
- **Scientific Exploration:** Referring to books and images, children will learn about the anatomy of insects, enhancing their knowledge of biology and the natural world.
- **Process-Oriented Learning:** This activity emphasizes the process of creation over the final product, encouraging children to experiment, explore, and enjoy the act of making without pressure for a perfect outcome.
- **Problem-Solving:** Children will encounter challenges while creating their insects, such as balancing materials or finding the right fit, which will enhance their problem-solving abilities.
- **Symmetry and Scale:** As children design their insects, they will learn about concepts of symmetry and scale, understanding how different parts relate to each other in size and proportion.



Aquatic Life Exploration

MATERIALS

- Four small bins or containers
- Water - enough to fill each bin
- Food Coloring: Blue and green (to tint the water different shades)
- Ice Cubes: For the Arctic bin
- Aquatic Animal Toys: Various plastic or rubber ocean animals (e.g., fish, sharks, whales, seals)
- Sand: Optional, for a tropical beach effect

DIRECTIONS

- Fill each bin with water.
- Add food coloring to each bin to represent different ocean environments:
 - Tropical: Warm water with blue-green food coloring.
 - Arctic: Cold water with blue food coloring and ice cubes.
 - Coral Reef: Warm water with bright blue-green food coloring.
 - Fresh Water (Rivers/Lakes): Clear, room temperature water.
- Add corresponding aquatic animal toys to each bin:
 - Tropical: Fish, sea turtles.
 - Arctic: Seals, penguins, whales.
 - Coral Reef: Colorful fish, starfish, coral.
 - Fresh Water: Goldfish, turtles.

LEARNING OBJECTIVES

- **Understanding Temperature:** Teach concepts of temperature as children feel the difference between warm, cool, and icy water. This hands-on experience helps children understand abstract concepts like temperature in a concrete way, enhancing their cognitive development.
- **Scientific Inquiry:** Stimulate scientific curiosity and inquiry as children observe and discuss the different environments and animals. This exploration fosters critical thinking and helps children develop foundational skills in observation, hypothesis formation, and experimentation.
- **Cognitive Skills:** Enhance cognitive development by helping children categorize and compare different environments and animals. As they sort and identify the various components of each sensory bin, children practice classification and comparison skills, which are essential for cognitive growth.
- **Emotional Regulation:** Support emotional regulation by providing a calming and engaging sensory experience. The soothing nature of water play can help children manage their emotions and reduce stress, contributing to overall emotional well-being.



Aquatic Life Sketching

MATERIALS

- Paper or sketchbook
- Pencils, colored pencils, or markers
- Books or images of aquatic life for reference
- Optional: Magnifying glass for closer observation

DIRECTIONS

- Begin by discussing different types of aquatic life with the children. Show pictures or books to introduce them to various creatures that live in water, such as fish, turtles, dolphins, and sea stars.
- Encourage children to select one aquatic creature they find fascinating and would like to sketch.
- Provide paper and drawing materials. Explain how to observe details such as shapes and patterns, encouraging them to look closely at their chosen creature.
- Let them sketch the aquatic life, emphasizing the importance of observation and creativity (process over product).
- After completing their sketches, invite children to share their drawings (if they choose). Discuss what they found interesting about the creatures they chose.

LEARNING OBJECTIVES

- **Support Process-Oriented Learning:** Emphasize that the focus is on the process of observation, exploration, and expression rather than the final product. Encourage children to experiment with different drawing techniques and approaches, celebrating their individual interpretations.
- **Integrate Science and Art:** Bridge science learning with artistic expression by discussing characteristics and behaviors of aquatic animals. Connect their sketches with real-world knowledge about marine biology, habitats, and conservation efforts.
- **Build Confidence:** Provide a supportive environment where children feel confident to express their ideas through art. Celebrate their efforts and encourage them to take pride in their creative achievements, reinforcing self-esteem.
- **Foster Creativity and Imagination:** Engage children in imagining and representing aquatic creatures in their own unique way. Emphasize creativity by allowing them to interpret what they see rather than replicating a craft model, encouraging individuality and imaginative exploration.
- **Enhance Fine Motor Skills:** Through the act of sketching, children refine their fine motor skills, controlling pencils or markers to capture the features of aquatic creatures accurately. This activity supports hand-eye coordination and precision in drawing.



3-D Summer Garden Collage

MATERIALS

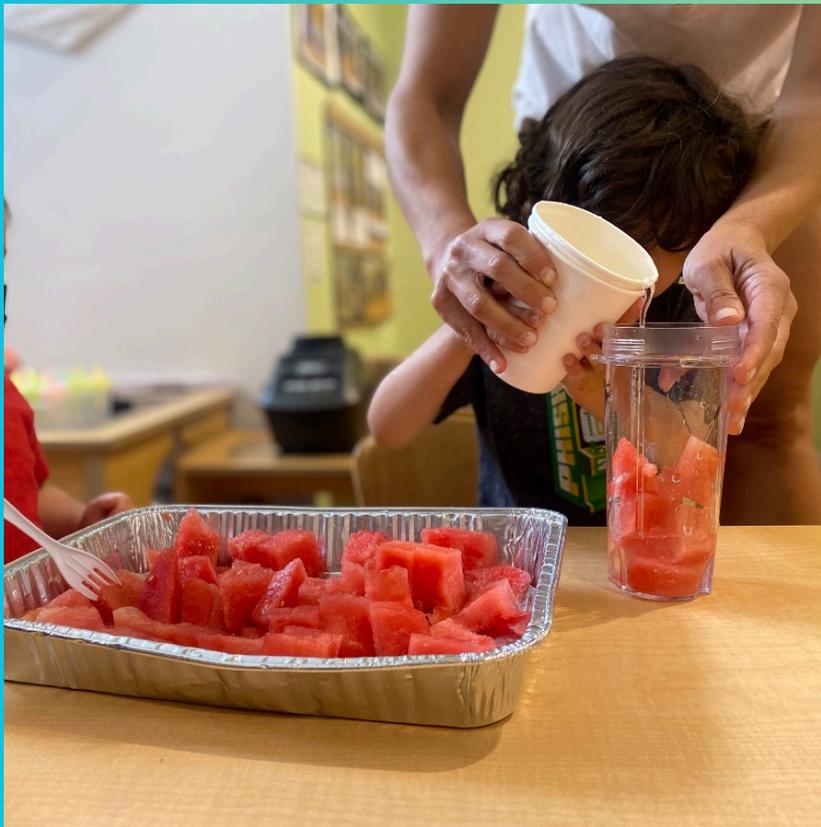
- Recycled materials (e.g., cardboard, egg cartons, bottle caps, empty paper rolls)
- Paper scraps (various colors and textures)
- Fabric scraps (cotton, felt, ribbon)
- Tape
- Glue (child-safe)
- Child-safe scissors
- Markers or crayons (optional for additional decoration)

DIRECTIONS

- Gather all materials and lay them out on a large table or workspace where children can easily access them.
- Let children glue or tape the selected materials onto a large piece of cardboard or paper to create their summer garden scene. They can layer materials to add depth and texture.
 - Please note, we do not expect toddlers to create something specific as this stage of development is more about and experimenting with materials' properties and uses. Its more exploration and discover - the process of learning, not a "product."

LEARNING OBJECTIVES

- **Process-Oriented Exploration:** This process-oriented approach promotes a growth mindset, resilience, and a willingness to engage in open-ended exploration, nurturing a lifelong love for creative expression.
- **Fine Motor Skills Development:** Handling small materials such as paper scraps, fabric pieces, and using child-safe scissors to cut or tear them promotes fine motor skill development. These activities strengthen hand-eye coordination, precision in manipulation, and the dexterity required for tasks like cutting and gluing.
- **Decision-Making Skills:** By allowing children to independently choose materials and decide how to arrange them on their collage, the activity supports the development of decision-making skills. Making choices based on personal preferences and artistic vision encourages confidence in their abilities and fosters a sense of ownership over their creations.
- **Emotional Development:** The creative process of exploring various artistic materials allows children to explore and express their emotions. It provides a safe outlet for self-expression and can be a calming and therapeutic activity that promotes emotional well-being.



Watermelon Popsicles (Preparing & Eating!)

MATERIALS

- Fresh watermelon
- Popsicle molds or small paper cups
- Popsicle sticks or plastic spoons
- Blender or food processor
- Optional: Lime juice, honey, or mint leaves for added flavor

DIRECTIONS

- Wash the watermelon thoroughly and cut the watermelon into small chunks, removing the rind and seeds.
 - Welcome children to cut smaller pieces of watermelon up with child-safe knives.
- Place the watermelon chunks into a blender or food processor and blend the watermelon until smooth. You can add a squeeze of lime juice, a drizzle of honey, or fresh mint leaves for extra flavor, if desired.
- Pour the blended watermelon mixture into popsicle molds or small paper cups. Leave a small space at the top to accommodate the popsicle sticks.
- Have children insert popsicle sticks and place the popsicle molds or cups in the freezer. Freeze for at least 4-6 hours, or until the popsicles are completely frozen.
- Once frozen, remove the popsicles from the molds or cups. If using paper cups, peel away the paper carefully.
- Serve the watermelon popsicles immediately and enjoy!

LEARNING OBJECTIVES

- **Following Directions:** Following step-by-step instructions helps children develop sequential thinking and comprehension skills.
- **Sensory Exploration:** Exploring the texture, smell, and taste of watermelon engages children's senses, fostering sensory development.
- **Patience and Delayed Gratification:** Waiting for the popsicles to freeze teaches children about patience and the concept of delayed gratification.
- **Fine Motor Skills:** Children will practice cutting (under supervision) and inserting popsicle sticks, enhancing their fine motor coordination.
- **Nutritional Benefits:** Fresh Watermelon (not pasteurized juice) has a high water content, vitamins (such as vitamin C and A), and antioxidants, promoting overall health and hydration.



Summer Shapes with Natural Materials

MATERIALS

- Branches or sticks (to create the outline of a summer-themed shape, such as a sun, starfish, or butterfly)
- Various natural materials collected by children (e.g., leaves, flower petals, small rocks, pine cones, grass, acorns, etc.)
- Large flat surface (e.g., a patch of ground, a table, or a large piece of cardboard)
- Books or images of summer-themed shapes for inspiration/reference (optional)

DIRECTIONS

- Go on a nature walk with the children to collect various natural materials like leaves, flower petals, small rocks, and pine cones.
- Collaborate with children to arrange the branches or sticks on a large flat surface to form the outline of a summer-themed shape, such as a sun, starfish, or butterfly.
 - You can show the children books or images of summer-themed shapes to inspire their process and work.
- Encourage the children to fill in the space within the outline using the natural materials they collected. They can arrange the materials however they like, experimenting with patterns, textures, and colors.
- **Optional Documentation:** Take photos of the completed transient art pieces to document the children's work and print/display them.

LEARNING OBJECTIVES

- **Spatial Awareness:** Arranging materials to fit within the outlines will improve children's spatial awareness and their ability to visualize and manipulate objects in space.
- **Emotional Expression:** Engaging in a creative activity allows children to express their emotions and thoughts through art, which can be both therapeutic and enjoyable.
- **Collaboration and Social Skills:** Working together to collect materials and fill in the shapes will foster cooperation, sharing, and social interaction among the children and adults.
- **Process-Oriented Learning:** This activity emphasizes the process of creation over the final product, encouraging children to experiment, explore, and enjoy the act of making without pressure for a perfect outcome.
- **Connection to Nature:** Spending time outdoors collecting materials and creating art will help children develop a deeper connection to nature and the environment.
- **Problem-Solving and Decision-Making:** Children will engage in problem-solving and decision-making as they choose how to fill in the shapes and arrange the materials.



Deep in the Ocean Exploration & Discovery

MATERIALS

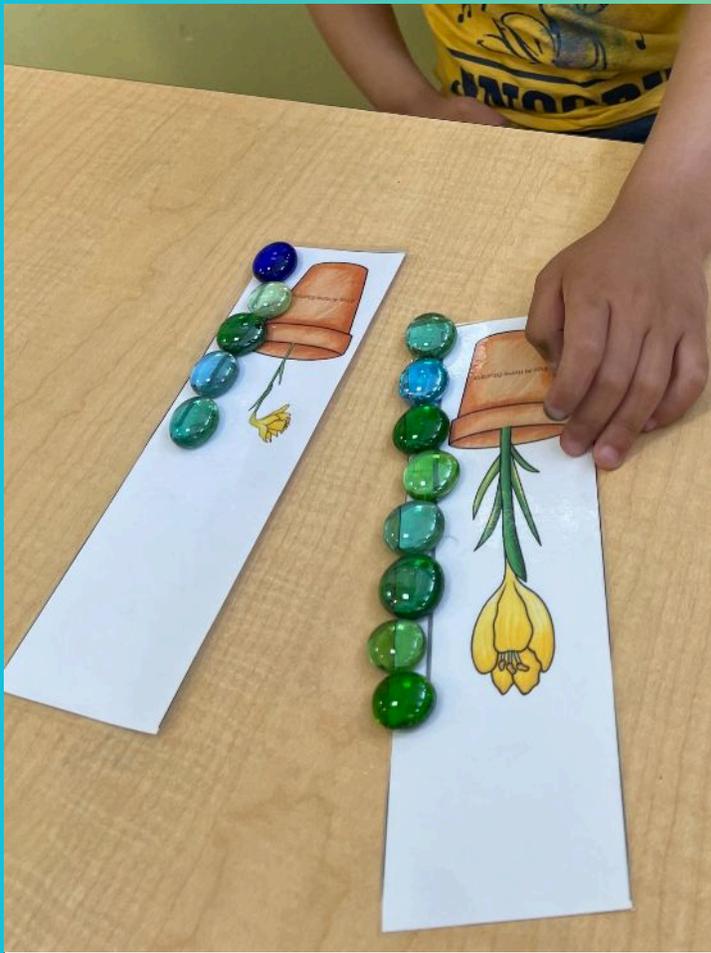
- Aquatic-themed books (about fish, marine life, oceans)
- Toy aquatic animals (such as fish, dolphins, sea turtles)
- Seashells, coral replicas, and other marine-themed objects
- Blue objects, fabrics, or paper to represent water

DIRECTIONS

- Arrange the aquatic-themed materials in a way that invites exploration and play. Place books on a low shelf or in baskets, spread out the toys across a mat or table, and scatter seashells and other items around.
- Encourage children to freely choose items to play with. Observe their interactions with the materials and join in their play when invited, supporting their discoveries and fostering their imagination.

LEARNING OBJECTIVES

- **Child-Led Exploration:** Children will have the opportunity to engage in child-led play, where they autonomously choose toys and create scenarios based on their interests and imagination. This approach encourages self-direction and decision-making skills as children navigate their play experiences, fostering a sense of independence and agency in their learning journey.
- **Exploration of Marine Life:** Children will engage in hands-on exploration of various aquatic animals and marine-themed objects. Through tactile experiences with seashells, coral replicas, and toy animals like fish and dolphins, they will develop an understanding of different marine habitats and the creatures that inhabit them.
- **Language and Communication Skills:** By interacting with aquatic-themed books and discussing the characteristics of marine life, children will expand their vocabulary related to oceans, seas, and aquatic animals. Encouraging conversations about the behaviors, appearances, and habitats of these creatures promotes language development and communication skills.



Summer with Sea Glass

MATERIALS

- Sea glass
- Loose Parts & Natural Materials (grass, rocks, stones, seashells, pinecones, flower petals).
- Optional: Printouts of plants at different stages.
- Sensory bins: Add sea glass to sensory bin/table play activities.

DIRECTIONS

- Incorporate sea glass in different ways, whether by adding them to tinker trays or even sensory bins/tables.
- Consider printouts of plants at different stages where children can use sea glass pieces to "measure" varying heights, or children may place sea glass on top of the images (math concepts of quantity, more than/less than, space, etc.)

LEARNING OBJECTIVES

- **Encourage Creativity and Imagination:** Children will explore the unique properties of sea glass and natural materials in open-ended provocations, fostering creativity as they experiment with different combinations and arrangements.
- **Develop Sensory Awareness:** Engaging with sea glass and natural materials in open-ended provocations promotes sensory exploration, allowing children to investigate textures, colors, shapes, and sizes, thus enhancing their sensory awareness.
- **Develop Measurement Skills:** Children will use sea glass pieces to measure and compare the height of flowers, enhancing their understanding of measurement concepts such as length and height.
- **Enhance Numeracy Skills:** By counting and comparing the number of sea glass pieces needed to measure each flower, children will strengthen their numeracy skills and understanding of quantity.
- **Encourage Problem-Solving:** Children will explore different ways to use sea glass as a measurement tool, fostering problem-solving abilities as they find the best method to measure and compare flower heights.
- **Foster Critical Thinking:** Engaging in activities with sea glass encourages children to think critically about how to effectively use the material for measuring, promoting analytical thinking.



Backyard Camping

MATERIALS

- Tent or makeshift shelter (using blankets, chairs, etc.)
- Sleeping bags or blankets
- Flashlights or lanterns
- Binoculars (optional)
- Camping chairs or picnic blankets
- Outdoor-friendly snacks (e.g., s'mores ingredients, fruit, trail mix)
- Campfire (if allowed and safe)
- Outdoor toys or games (e.g., frisbee, soccer ball, bubbles, books, instruments, etc.)

DIRECTIONS

- Choose a spot in your backyard (or local park) that is flat and suitable for setting up the tent or makeshift shelter.
- Arrange sleeping bags or blankets inside, and place pillows for comfort.
- Encourage children to explore their surroundings. Use binoculars to observe birds or insects, identify plants and trees, or look up at the sky.
- Engage in outdoor games or activities such as scavenger hunts, nature bubble play, storytelling, singing songs, etc.

LEARNING OBJECTIVES

- **Life Skills:** Camping encourages independence and responsibility. Children will participate in setting up camp, preparing food, and following safety rules around fires (if applicable). These activities promote self-confidence and decision-making skills.
- **Physical Activity:** Outdoor play and exploration promote gross motor skills, coordination, and overall physical health. Activities like scavenger hunts and nature walks encourage movement and active engagement with the environment.
- **Bonding with Caregivers:** Spending quality time together in a shared outdoor experience strengthens the bond between children and caregivers. Through shared activities like setting up camp, cooking together, and storytelling, children develop a sense of security and trust in their relationships.



Painting in the Summer Sun

MATERIALS

- Long butcher paper or large canvas
- Non-toxic washable paint in various colors
- Paintbrushes or sponges (optional)
- Water for cleaning brushes (if used)
- Smocks or old clothes for children
- Water hose or buckets for cleanup

DIRECTIONS

- Lay out the long butcher paper or canvas in a large open area outside, securing it with tape or weights to prevent it from moving.
- Pour the non-toxic washable paint into shallow containers or trays. Ensure there's enough space for children to move around and access the paint easily.
- Encourage children to explore the paint using their paintbrushes, hands, feet, elbows, or any part of their body they choose. Let them freely express themselves through movement and sensory exploration.

LEARNING OBJECTIVES

- **Sensory Exploration:** Children will engage in tactile exploration by feeling the texture and temperature of paint on their skin, enhancing sensory awareness and stimulation.
- **Creativity and Self-Expression:** This activity fosters creative expression as children freely paint using their whole bodies, allowing them to explore colors, shapes, and patterns in a non-restrictive environment.
- **Fine and Gross Motor Skills:** Painting with different body parts promotes the development of fine motor skills (e.g., finger dexterity) and gross motor skills (e.g., whole-body coordination and balance).
- **Emotional Development:** By expressing themselves through art, children can release emotions and develop a positive sense of self-esteem and confidence in their abilities.
- **Social Interaction:** If done in a group setting, this activity encourages peer interaction, cooperation, and communication as children share materials and collaborate in their artistic endeavors.
- **Confidence and Joy:** Through the freedom to explore and create, children experience a sense of accomplishment, boosting their confidence and bringing joy in their artistic process and outcomes.



MADE FOR CHILDREN. DESIGNED FOR YOU.

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